

Final Eligibility Committee List
(for moves during July 2026)

First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
colin	Bhatia	Senior	Barry & Vale Harriers	Newport Harriers	East Wales	29/07/2026
Matthew	Harvey-Knowles	Senior	Parc Bryn Bach Running Club	Newport Harriers	East Wales	29/07/2026
Sara	Powell-Davies	Senior	TRG Runners	Caerphilly Runners	East Wales	09/07/2026
Jonathan	Kettle	Senior	North Wales Road Runners	Eryri Harriers	North Wales	28/07/2026
Edward	Land	Senior	Aberystwyth AC	Meirionnydd Running Club	North Wales	21/07/2026
Emily	Chirighin	Senior	Cardiff Athletics	Albany Road Run Club	South Wales	29/07/2026
Ellis	Cole	U14	Blaenau Gwent Athletics	Rhondda AAC	South Wales	20/07/2026
Kayley	Fenner	Senior	Ogmore Phoenix Runners	Porthcawl Runners	South Wales	06/07/2026
Michael	Harries	Senior	Aberdare Valley AAC	Dragons Running Club	South Wales	05/07/2026
Isabelle	Humphreys	U14	Cardiff Archers	Cardiff Athletics	South Wales	30/07/2026
michelle	jones	Senior	Aberdare Valley AAC	Dragons Running Club	South Wales	25/07/2026
John	Langdon	Senior	Aberdare Valley AAC	Dragons Running Club	South Wales	04/07/2026
Corey	Lewis	Senior	Aberdare Valley AAC	Dragons Running Club	South Wales	23/07/2026
Jayne	Llewellyn	Senior	Cornelly Striders AC	Porthcawl Runners	South Wales	10/07/2026
Menna	Morgan	U14	Blaenau Gwent Athletics	Rhondda AAC	South Wales	20/07/2026
Vahe	Nafilyan	Senior	Heath Massive Run Club	San Domenico RC	South Wales	29/07/2026
Andrew	Phillips	Senior	Cornelly Striders AC	Porthcawl Runners	South Wales	08/07/2026
Harry	Shearer	Senior	San Domenico RC	CDF Runners	South Wales	21/07/2026
Alex	Thomas	Senior	Cornelly Striders AC	Porthcawl Runners	South Wales	08/07/2026
Ben	Whitfield	Senior	TRG Runners	Pontypridd Roadents AC	South Wales	20/07/2026
Rylan	Carroll	U20	Neath Harriers	Swansea Harriers	West Wales	09/07/2026
Shelley	Childs	Senior	Aberystwyth AC	Sarn Helen	West Wales	27/07/2026
Stella-Rae	Hicks	Senior	Swansea Harriers	Run4All Neath	West Wales	01/07/2026
Matthew	Phillips	Senior	Llanelli AC	Amman Valley Harriers	West Wales	08/07/2026
Daniel	Thomas	Senior	Swansea Harriers	Amman Valley Harriers	West Wales	01/07/2026